

## smrac female junior club records (as of 28<sup>th</sup> August 2010)

	U13 Girls	U15 Girls	U17 Women	U20 Women	
<b>60m</b>	Poppy Stapleton (2010) 8.81	Celia Quansah (2010) 8.43i		Jo White (2008) 7.78i	<b>60m</b>
<b>75m</b>	Celia Quansah (2008) 10.3				<b>75m</b>
<b>100m</b>	Celia Quansah (2008) 13.5	Korane Idarousse (2007) 12.6	Jo White (2007) 12.05	Jo White (2008) 12.0	<b>100m</b>
<b>150m</b>	Celia Quansah (2008) 20.1				<b>150m</b>
<b>200m</b>	Anna Richardson (2007) 28.2	Korane Idarousse (2008) 25.7	Jo White (2007) 24.82 (also 24.21w)	Jo White (2008) 24.4	<b>200m</b>
<b>300m</b>			Kate Brown (2007) 44.5		<b>300m</b>
<b>400m</b>		Connie Cronin (2009) 69.8	Beccy Culverwell (2007) 61.7	Beccy Culverwell (2009) 60.1	<b>400m</b>
<b>800m</b>	Hannah Novakovic (2010) 2:32.45	Nadia Fidler (2006) 2:21.57	Molly Riglin (2010) 2:19.80	Kate Brown (2009) 2:20.65	<b>800m</b>
<b>1200m</b>	Rebecca Killip (2009) 4:10.0				<b>1200m</b>
<b>1500m</b>	Faye Holder (2008) 5:21.11	Rebecca Killip (2010) 4:46.30	Molly Riglin (2010) 4:52.10	Maddie Garner (2010) 4:46.36	<b>1500m</b>
<b>3000m</b>		Rebecca Killip (2010) 10:37.20	Nadia Fidler (2007) 10:40.94	Maddie Garner (2010) 10:37.15	<b>3000m</b>
<b>70mH</b>	Celia Quansah / Emily Calamita (2008) 12.6				<b>70mH</b>
<b>75mH</b>		Korane Idarousse (2007) 12.5			<b>75mH</b>
<b>80mH</b>			Hannah Rogers (2009) 13.5		<b>80mH</b>
<b>100mH</b>			Issie Juriansz (2008) 20.8	Kate Waskett (2006) 21.5	<b>100mH</b>
<b>300mH</b>			Georgia Miansarow (2007) 52.0		<b>300mH</b>
<b>400mH</b>			Jocelyn Major (2010) 78.6	Celia Livesey (2007) 86.5	<b>400mH</b>
<b>1500m s/c</b>			Maddie Garner (2009) 5:33.3	Maddie Garner (2010) 5:31.74	<b>1500m s/c</b>
<b>2000m s/c</b>			Kate Brown (2007) 8:16.5		<b>2000m s/c</b>
<b>3000m s/c</b>					<b>3000m s/c</b>
<b>High Jump</b>	Tulsi Hansla (2007) 1.54	Tulsi Hansla (2008) 1.60	Jo White (2006) 1.55	Jo White (2008) 1.51	<b>High Jump</b>
<b>Long Jump</b>	Celia Quansah (2008) 4.45	Celia Quansah (2010) 5.43	Tulsi Hansla (2010) 4.56	K.Waskett ('06) P.Mogne (10) 3.96	<b>Long Jump</b>
<b>Triple Jump</b>			Tulsi Hansla (2010) 10.32		<b>Triple Jump</b>
<b>Pole Vault</b>		Celia Quansah (2009) 2.20	Hannah Rogers (2009) 1.80	Charlotte Bearn (2006) 1.50	<b>Pole Vault</b>
<b>Shot Putt</b>	Zoe Wyatt (2008) 2.72kg - 6.84	Lydia Tella (2007) 3.25kg - 9.76	Lydia Tella (2009) 4.0kg - 10.13	Lydia Tella (2010) 4.0kg - 10.19	<b>Shot Putt</b>
<b>Javelin</b>	Emma Hardy (2007) 16.39	Lilly Bridger (2007) 23.68	Stacey Monks (2008) 15.44	Sophie Jones (2009) 11.32	<b>Javelin</b>
<b>Discus</b>	Eve Edmunds (2006) 10.04	Harriet Connor (2010) 19.91	Sophie Jones (2008) 26.25	Sophie Jones (2009) 27.18	<b>Discus</b>
<b>Hammer</b>		Lydia Tella (2007) 15.15	Lydia Tella (2009) 28.87	Nadia Harvey (2009) 37.70	<b>Hammer</b>
<b>4 x 100</b>	Mankiti, Kaczmarska, Maxwell, Stapleton (2009) 57.0	Hansla, Calamita, Richardson, Quansah (2009) 52.1	Delzayo, Jones, Culverwell, White (2007) 52.7		<b>4 x 100</b>
<b>4 x 300</b>			Brown, Fidler, Culverwell, McKenna (2007) 3:10.5		<b>4 x 300</b>
<b>4 x 400</b>					<b>4 x 400</b>

note: these records are from 1st April 2006 onwards. this was the official start date of smrac.  
superior performances may have been achieved previously under the name of richmond & twickenham ac